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The Eating & Exercise Experts

Insurance Policies for Rebecca Bitzer and Associates

	Referral needed	No Referral Necessary	Medically necessary	Only covers DM	Examples of diagnoses covered*
Aetna HMO	X		X		DM, HTN, high cholesterol
Aetna PPO		X	X		DM, HTN, high cholesterol
Aetna Select Choice		Check card	X		DM, HTN, high cholesterol
BC/BS Carefirst		X		X	Usually DM only-check policy
BC/BS National Account		X		X	Usually DM only-check policy
BC/BS Blue Choice	X		X		DM, HTN, high cholesterol
BC/BS Blue Choice Open Access		X	X		DM, HTN, high cholesterol
BC/BS Blue Choice PPO		X	X		DM, HTN, high cholesterol
BC/BS Federal Employee Program		X	X		DM unlimited visits/all other medically necessary 6 visits/yr
Cigna HMO	X		X		DM, HTN, high cholesterol
Cigna PPO		X	X		DM, HTN, high cholesterol
MAMSI		X		X	DM, HTN, high cholesterol
MDIPA-UHC	X		X		DM, HTN, high cholesterol
Medicare	X			X	DM & non dialysis renal only-visits limited to 3 hrs 1 st yr, then 2 hrs
Optimum Choice-UHC	X		X		DM, HTN, high cholesterol
United Health Care (Americhoice/Family First)		X	X		DM, HTN, high cholesterol
AmeriGroup	WILL BE ACCEPTING SOON				
Coresource	NOT ACCEPTED				
Coventry	NOT ACCEPTED				
ONE NET	NOT ACCEPTED				
United Health Care PAC	NOT ACCEPTED-NOT ALLOWED TO SEE SPECIALIST				

*Other diagnoses may be covered (ie IBS, GERD, food allergies, eating disorders, morbid obesity, metabolic disorders). Varies by policy.

We also offer testing of metabolic rates and food intolerances. For more information about fees and services, please visit our web site at www.rbitzer.com.